



Australian First Responder Foundation

"Looking after those who look after us"

Become a Sponsor, Donor or Partner

We invite you to support the Australian First Responder Foundation dedicated to providing our emergency first responders access to wellbeing retreats to reduce mental ill-health and suicide within the emergency first responder community.

The Australian First Responder Foundation is the only Australian charity of its kind focusing on the mental health and wellbeing of emergency first responders.

The Investment

Your investment in our emergency first responders' mental health and wellbeing will afford them the opportunity to participate in a retreat program that will foster resilience, coping strategies and living well principles within a peer support environment.

The Benefit to you

Our sponsors, donors and partners can benefit from supporting us through:

- Increasing awareness of your brand
- Highlighting what your organisation has to offer
- Demonstrating commitment to your communities
- Opportunities to participate in charity events and promotional activities
- Opportunities to receive education and training



The Impact

- Australia wide there are over 380,000 emergency first responders.
- **One in 2.5** emergency first responders report being diagnosed with a mental health condition.
- **One in two** emergency first responders will experience a traumatic event during the course of their work that will deeply affect them.
- **One in three** will experience high or very high psychological distress.
- Sadly, an emergency first responder will die by **suicide every 4 weeks**.
- Your contribution will help provide an opportunity for emergency first responders to be mentally fit and healthy. We need to look after our emergency first responders so they can continue to look after us.

This is an excellent opportunity for you to reach out to local community. Don't miss out.

Contact the AFRF now to discuss what we can offer you.